



PAUL STEINBECK
biography

Paul Steinbeck (b. 1980) is an improviser, composer, and music theorist. He plays electric bass and acoustic bass in a number of groups: Meeting, a French-American jazz ensemble; Low End Theory, co-led with Mwata Bowden, a former president of the Association for the Advancement of Creative Musicians (AACM); and the STL Free Jazz Collective. His compositions can be heard on six recordings, including a series of CDs released by the Brooklyn experimental-music label Engine Studios: *Sun Set* (2007), *Three Fifths* (2005), and *Nine Ways* (2004).

Steinbeck studied bass with Harrison Bankhead and composition with Ari Brown. He has written extensively on the Art Ensemble—the AACM’s flagship group—and on Fred Anderson, an original AACM member. His book *Message to Our Folks*, the first history of the Art Ensemble and the first in-depth study of the group’s music, will be published by the University of Chicago Press in 2016. With Fred Anderson, he is co-author of *Exercises for the Creative Musician*, a method book for improvisers, now in its second edition.

Steinbeck currently resides in St. Louis, where he is a professor of music at Washington University.